

Price list - 2024

Healthcare services without a doctor's reference		Price in DKK
Examination and Treatment		
Physiotherapy	First consultation: 30 min / 60 min Subsequent consultations: 30 min / 60 min Phone or Video consultations: 30 / 60 min	510 / 800 325 / 610 325 / 610
Massage	Consultation: 30 min / 60 min 4 x 30 min. massage / 4 x 60 min. massage package	295 / 550 950 / 1750
Acupuncture	Consultation : 30-60 min 4 consultations package	475 1550
ShockWave	Consultation: 30 min. 4 consultations package	500 1800
Gigalases	Consultation incl. 1 treatment area: 15-25 min. 4 consultations package	375 1250
Guidance		
Running style - analysis & guidance	First consultation <i>incl. video analysis & training plan</i> Subsequent consultations: 30 min / 60 min	775 350 / 650
Sports coaching	First consultation <i>incl. personal goal & plan</i> Subsequent consultations: 30 min / 60 min Progress: <i>incl. 1st consultation + 3 x 30 min consultation and free training for 1 month</i>	775 350 / 650 1550
Lifestyle coaching	First consultation <i>incl. personal goal & plan</i> Subsequent consultations: 30 min / 60 min	775 350 / 650
Dietary guidance	First consultation <i>incl. diet plan & Body Age scan</i> Subsequent consultations: 30 min / 60 min	750 275 / 475
Personal training	First consultation <i>incl. Body Age scan & training program</i> Subsequent consultations: 30 min / 60 min Progress: <i>incl. 4 consultations, program and free training for 1 month</i>	750 275 / 475 1450
Examination		
Ultrasound scanning	First consultation 60 min <i>incl. review of results</i> Subsequent consultations: 30 min.	750 475
Body Age scanning	Consultation: 15 min <i>Incl. review of results</i>	175
Sports injuries consultation	Examination and guidance: approx. 15 minutes	175
Sports injuries subscription	Per year Incl. everyone in a household or up to 250 members in an association	1250

Work out		
Training subscription <i>basic</i>	Free training per month	190
Training subscription <i>light</i>	Free training per month (<i>Mon-Thursday 2-6pm / Friday 1-3pm</i>)	95
Training subscription <i>team</i>	Free training per month <i>incl. 1 special team per week</i>	490
Training subscription 3 months	Free training per 3 months	450
Training subscription 6 months	Free training per 6 months	790
Group training x 1 time	1 time group training	130
Group training x 8 times	1 group training per week for 8 weeks / 2 group trainings per week for 4 weeks	650
Group training x 16 times	1 group training per week for 16 weeks/ 2 group trainings per week for 8 weeks	950
Group training x 32 times	1 group training per week for 32 weeks/ 2 group trainings per week for 16 weeks	1650

PS. Gift vouchers can be purchased in addition to all our healthcare services.